

Mental Health First Aid Trainings

The Vermilion County Mental Health 708 Board is offering Mental Health First Aid Trainings in both the adult and youth curriculums. These trainings are FREE of charge to anyone who wishes to attend regardless of your residency. Everyone is welcomed!

The Youth Curriculum is for adults that have children in their life or work with youth. The Adult Curriculum is for anyone over the age of 18. YMHFA/MHFA teaches you how to identify, understand, and respond to signs of mental health and substance use challenges.

If you have a group of 10 or more, you can schedule your own personal training. The Vermilion County Mental Health 708 Board host trainings every month. They begin at 8:30 A.M. Central Time. They are located at the Vermilion County Health Department 200 South College Street Danville, IL 61832.

	2025	
	YMHFA	MHFA
January	15	22
February	19	26
March	12	19
April	16	23
May	14	21
June	11	18
July	9	16
August	13	20
September	10	17
October	8	15
November	12	19
December	10	17

If you are interested in attending, please call, text, or email Beth Bray Knecht at **217-516-2298** or bethbrayknecht16@gmail.com. You may also reach out to Jim Russell at **217-443-3500**.

This training makes a difference!