



Get well. Stay well.

With Hally[®] health, you have tools – built into your plan – to help you live your healthiest life.

Send a secure message to our Customer Service team through your Hally account on the MyChart app or call the number on the back of your ID card.

Perks to Keep You Moving*

- **Fitness and Pharmacy Discounts** – Save money on things you already do, like going to the gym and filling prescriptions.
- **Fitness Allowance Program** – Get up to \$20 per month toward the cost of a fitness class or membership at a participating fitness center.
- **Active&Fit Direct[™]** – Join one of 10,000+ fitness centers nationwide for just \$28 a month (plus a one-time \$28 enrollment fee and applicable taxes).
- **Anytime Nurse Line** – Get 24/7 answers to your health questions.
- **Assist America[®] Global Emergency Services** – Get expert medical help when you're 100 miles or more from home.
 - **Keep these important numbers with your passport:**
 - Reference number: 01-AA-HAM-031003.
 - Within the U.S.: (800) 872-1414.
 - Outside the U.S.: (609) 986-1234.
- **Preventive Services** – Focus on prevention with coverage for a yearly wellness visit, routine screenings, flu shot and more.

* Perks may differ by plan. For more information, see your plan materials or call the number on the back of your health plan ID card.



Guidance Through Health Challenges

- **Quit For Life®** – Get personalized help to end your tobacco use.
- **Health Coaching** – Get help with nutrition, weight loss, staying active and more.
- **Care Coordination** – Connect to a team of care coordinators who work with your doctor to make sure you have the resources you need to stay healthy or work through your medical issues.
- **Care Transition Intervention** – Work with our team to safely transition from hospital to home.

Online Resources

- **Treatment Cost Calculator** – Compare doctors and prices for various services, based on real data and your specific health plan usage.
- Access your coverage anytime, anywhere with your secure **Hally account on the MyChart app**.
- **Hally.com** – Manage your health plan and get the care you need anytime, anywhere. Plus, find blog articles, wellness podcasts, fitness videos, cooking demos, tasty recipes and more.

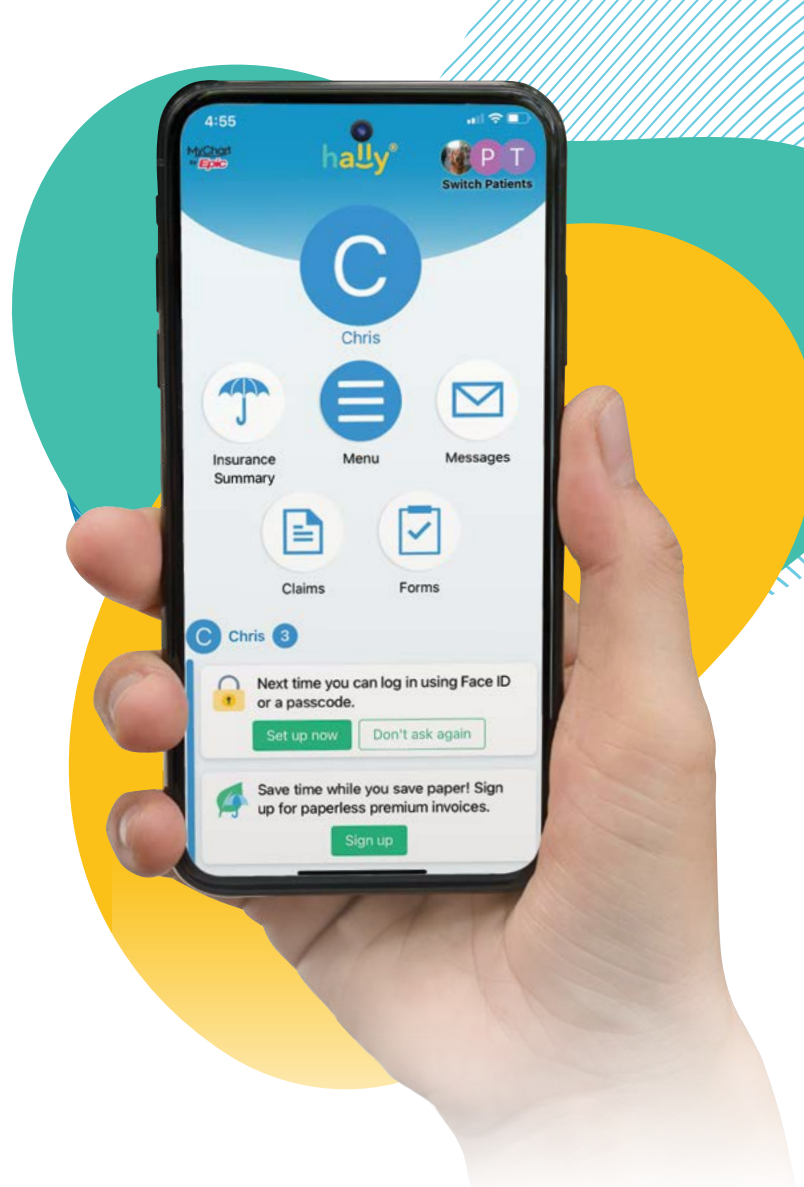
On both hally.com and your Hally account on the MyChart app, you can:

- See all your account activities in one place.
- Access your virtual ID card.
- Search for doctors and other resources.
- Quickly connect with a doctor over virtual visits.

**Hally health is here for you.
Together, we'll help you and
your family be your healthiest!**

Benefits for expenses incurred for services or treatment are subject to the plan terms in effect on the date services or treatment are received. Call the number on the back of your health plan ID card to check your coverage.

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Get started today!

It's easy. To access your account information on the go, just head to hally.com and create your new Hally member account. Then download the MyChart mobile app by visiting the App Store® or Google Play®, or simply scan one of these QR codes.



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