

The Who, What, When, Why, & How of STD Communication



Who Should I Communicate To?

- Partners - both past and present
- Parents
- Providers
- Anyone else that you want to know

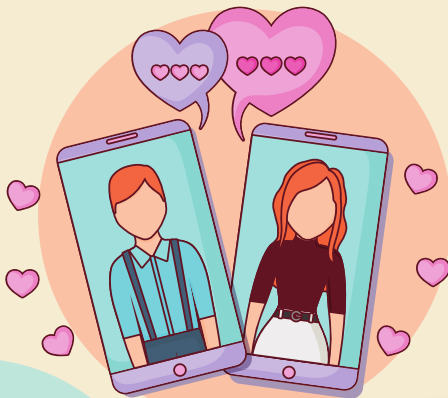
What Should I Communicate?

- Feelings about sex - both positive and negative
- Questions related to sex, sexual health, or STDs
- Concerns - STD symptoms, the need to get tested
- Test results - especially positive results



When Should I Communicate?

- Communicate quickly
 - When you have questions
 - When you show signs or symptoms
 - When you know your results



Why Should I Communicate?

- To keep yourself and your partner healthy
 - It's important to contact previous partners of positive results even if you are no longer with them.
- To limit the spread of STDs in your community

For More Information:
[VCHD.org/
resources/std-hiv](http://VCHD.org/resources/std-hiv)



Given information obtained from the U.S. Department of Health & Human Services

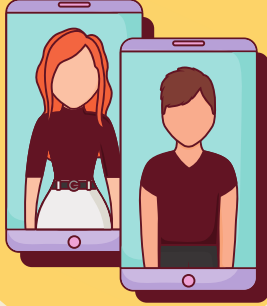
Vermilion County
Health Department



Public Health
Prevent. Promote. Protect.

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How Should I Communicate?

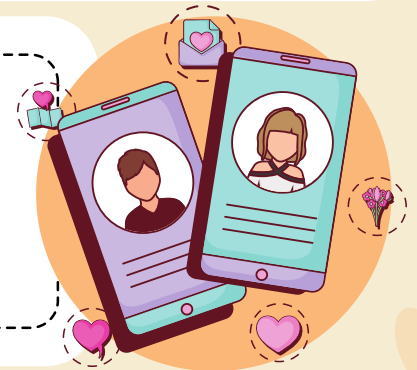


WITH PARTNERS:

- Be open and honest
 - About your feelings, experiences, or questions
- Listen to your partner
 - About their feelings, thoughts, or questions
- Work together to find a solution

WITH PARENTS:

- Be open and honest
 - Why you want to talk and your feelings
- Choose what method of communication is best for you
 - Face-to-face, text, email, etc.
- Don't be afraid to ask questions
 - Your parents were teens at one time too



WITH PROVIDERS:

- Be open and honest - they are here to help you
 - Symptoms, sexual history, any questions you may have
- Understand confidentiality
 - They will need to report positive results to the public health department

Local Free & Low-Cost Resources

FREE:

- Edgar County Health Department - Paris, IL
 - 217-465-2212

LOW COST:

- Aunt Martha's Health & Wellness - Danville, IL
 - 877-692-8686
- Promise Healthcare Frances Nelson - Champaign, IL
 - 217-356-1558
- Champaign-Urbana Public Health District
 - 217-352-7961
- Planned Parenthood of Champaign
 - 217-359-8022

***CALL TO SCHEDULE AN APPOINTMENT**

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