The How of STD Communication: Sexual Health Examples

Communicating With Your Partner

- What does sex mean to you?
- What are your previous sexual experiences?
- What do you hope to gain from our relationship?
- How do you think sex will affect our relationship?
- I just tested positive for an STD; I think you should get tested. Here are the local resources (see below).
 *DON'T FORGET TO ASK FOR CONSENT

Communicating With Your Parents

- All my friends are having sex, should 1?
- How will I know if I'm ready to have sex?
- What if my partner wants to have sex, but I don't?
- My partner tested positive for an STD, what should
- I do to keep myself safe??





Communicating With Your Provider

- My partner just tested positive for an STD, what should I do?
- My partner and I want to have sex, what are our options to protect ourselves?
- I had unprotected sex and now I have these symptoms: (Insert Your Symptoms Here).

Local Free & Low-Cost Resources

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		FREE:	LOW COST:		
E	• 217-465-2212 r More Information: HD.org/rescources/ std-hiv	o 217-465-2212	• <u>Aunt Martha's Health & Wellness</u> – Danville, ° 877-692-8686		
			 <u>Promise Healthcare Frances Nelson</u> - Champa 217-356-1558 		
			 <u>Champaign-Urbana</u> Public Health District 217-352-7961 	Vermilion County Health Department	
			• <u>Planned Parenthood of Champaign</u> 217-359-8022		
	0.20.32	Given information obtained from the U.S.	. Department of Health & Human Services	Public Health Prevent. Promote. Protect.	