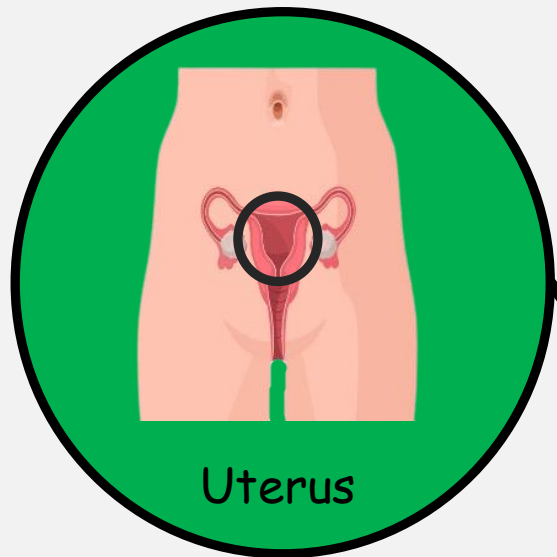


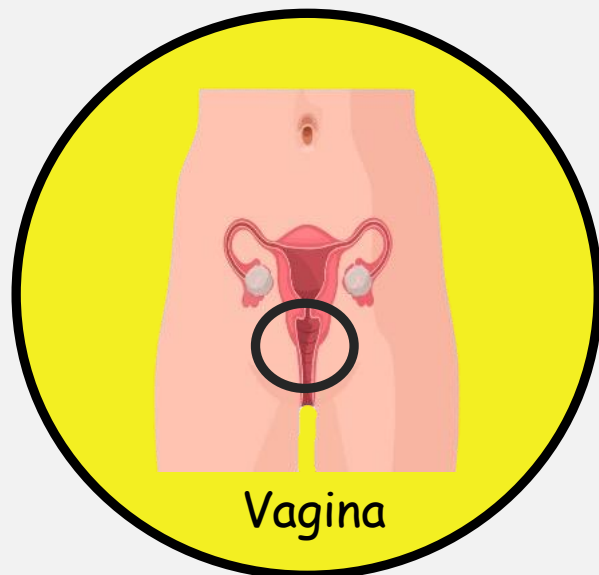
# KNOW YOUR BODY

## FEMALE



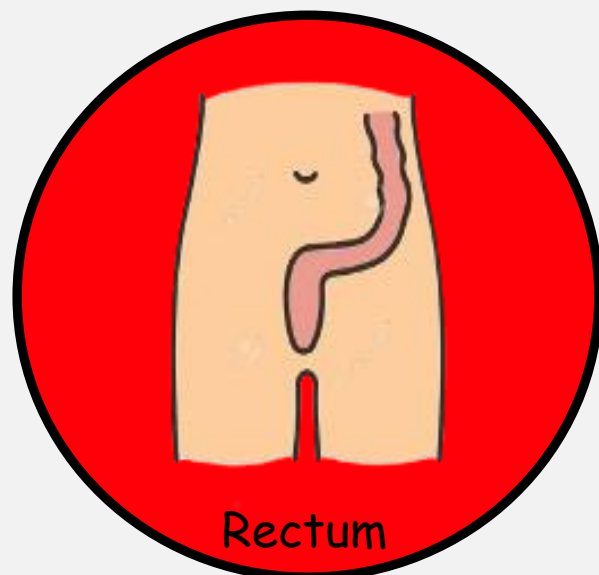
Uterus

Muscular organ for menstruation; where a baby grows



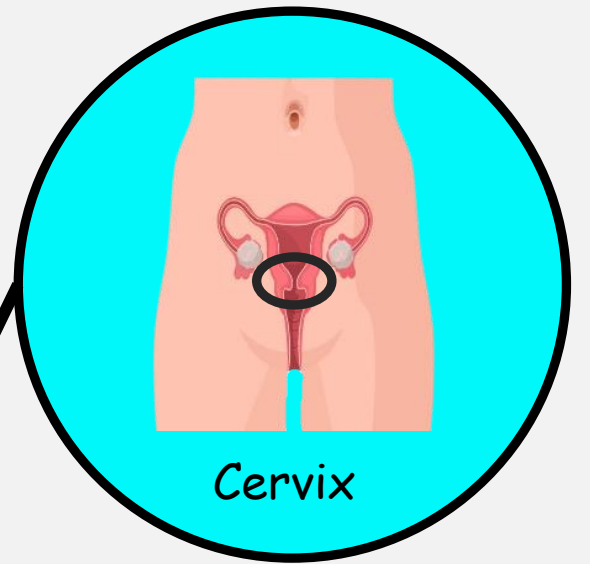
Vagina

A canal that connects to the uterus; used for menstruation, intercourse, and childbirth



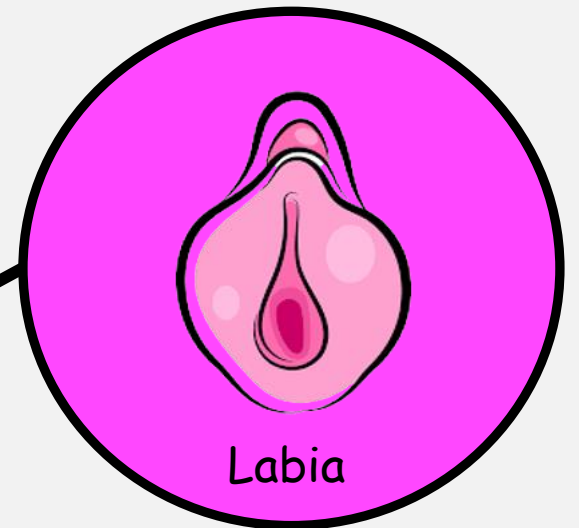
Rectum

Opening for stool output



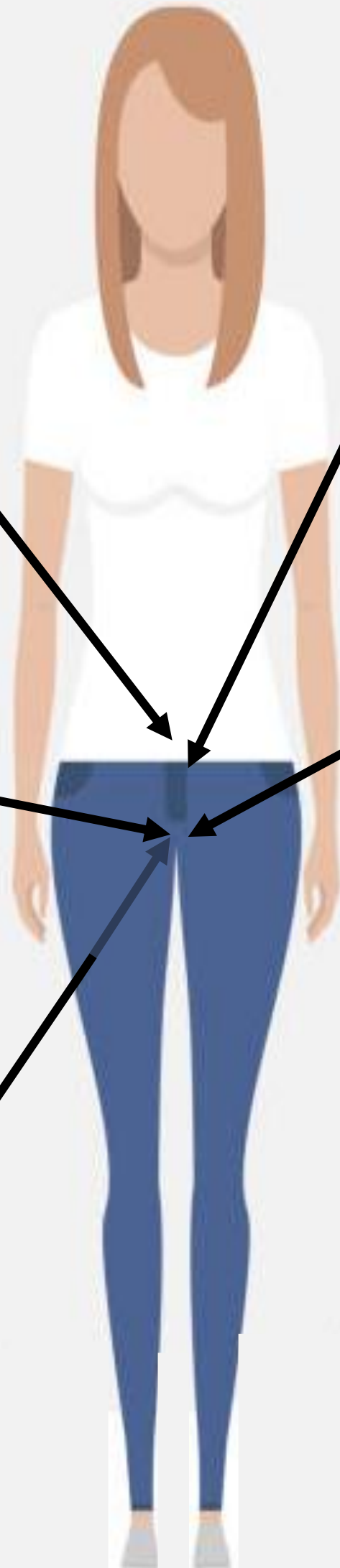
Cervix

Small canal that connects the vagina to the uterus; expands during childbirth



Labia

Inner and outer folds at each side of the vagina



### Fact #1

A woman's vagina is as acidic as a tomato! This acidity helps house good bacteria that prevent infection.

### Fact #2

A female has 3 openings in the pelvis: the urethra, vagina, and rectum.

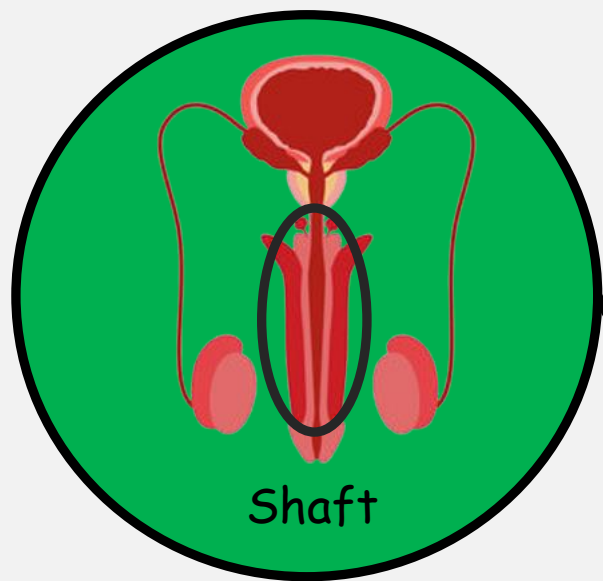
### Fact #3

It is important for a woman to wipe from front to back after going to the bathroom to decrease the risk of urinary tract infections (UTIs).

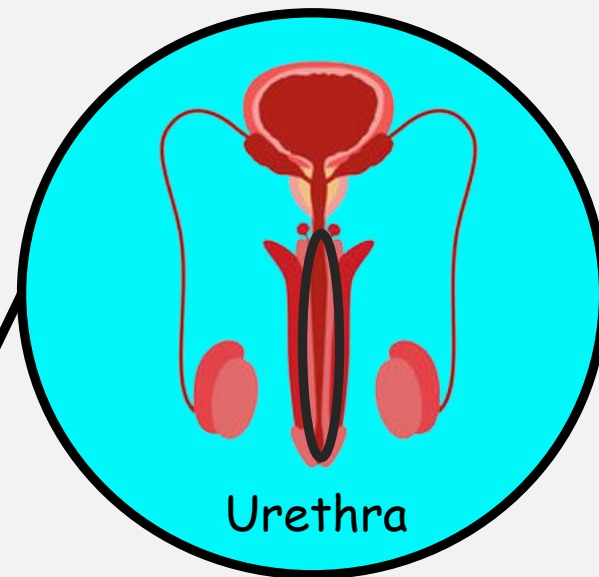


# KNOW YOUR BODY

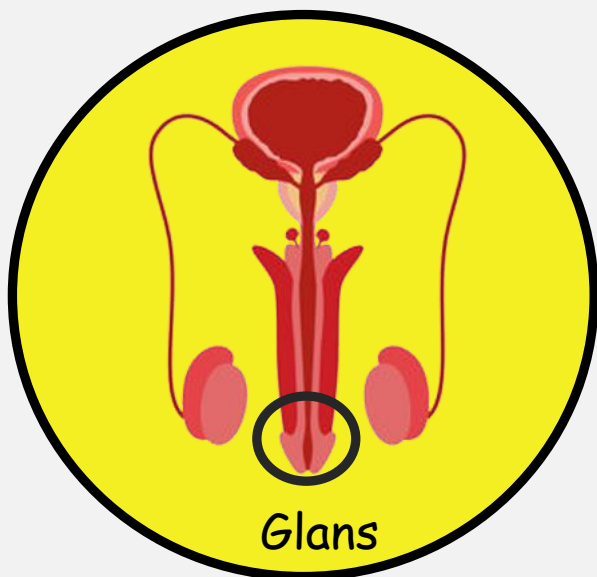
## MALE



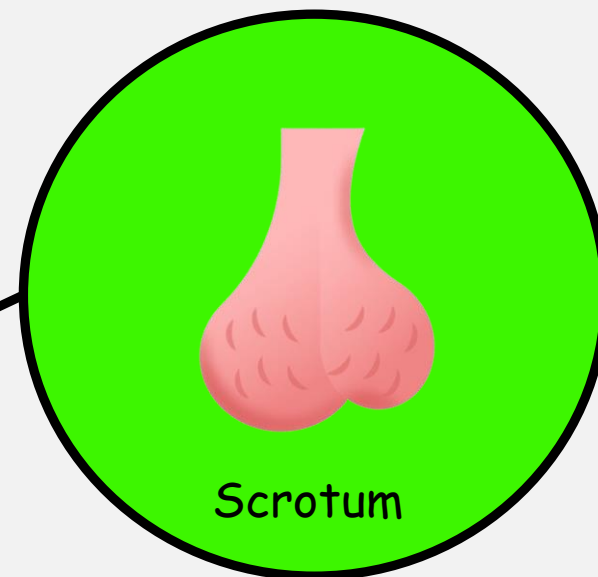
"Body" of the penis; area between the tip of the penis and where it connects to the lower belly



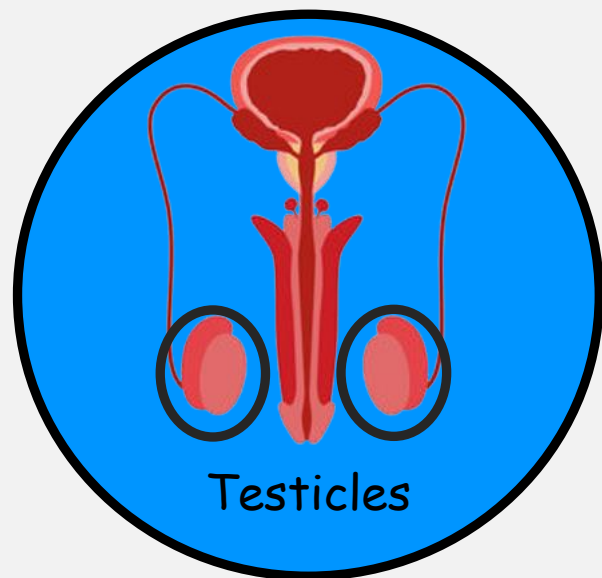
Opening for urine output



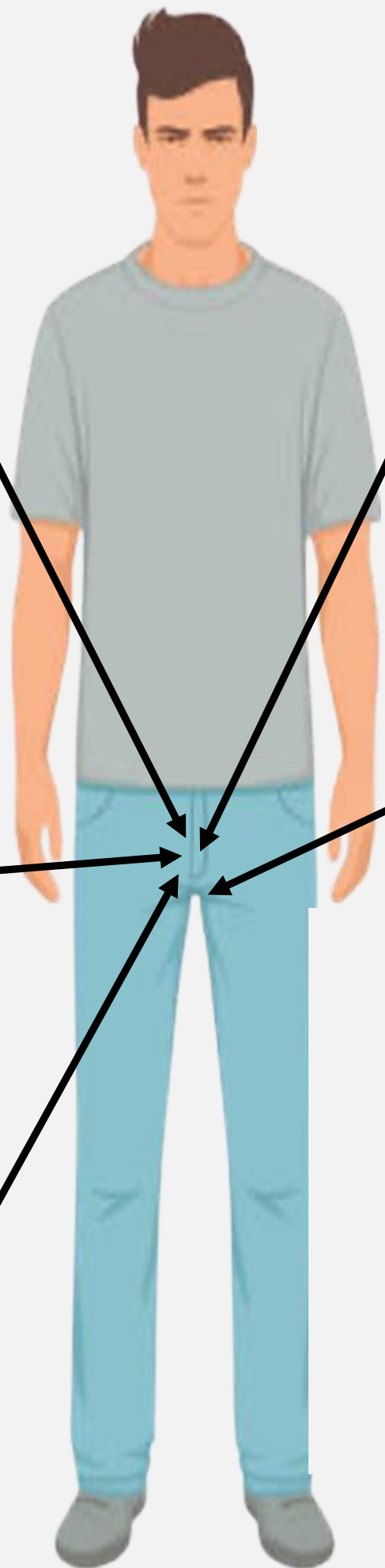
"Tip" or "head" of the penis that is rounded



Sac below penis that hold the testicles



Two oval-shaped organs inside the scrotum that make sperm and testosterone



### Fact #1

Sperm is the smallest cell in the human body.

### Fact #2

Males begin to produce sperm at the first signs of puberty.

### Fact #3

Eating a nutritious diet with limited fats allows for reproductive system to work at its peak.

