



Perks to Keep You Fit

Hit the gym with our new Fitness Allowance Program.

The Fitness Allowance Program gives you up to \$20 a month for the cost of a fitness class or membership at a participating fitness center (program starts January 1, 2021).

- Members and their dependents (18 years and older) can join the program.*
- If you have a Health Alliance plan through work, check with your HR team to see when this program is open to you.
- You'll be issued a debit card pre-loaded with your monthly fitness cash.

- Your monthly fitness cash is use-it-or-lose-it, and doesn't carry over month to month. A new amount will be put on your card each month.

*Benefits and coverage may vary, please check with your benefits administrator to verify coverage.

Visit YourHealthAlliance.org or call the Customer Service number on the back of your ID card for more info and to request your card today!

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